# Preparation of a full paper for the 16th ITTF Sports Science Congress

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**Abstract**: This template provides a sample format of final manuscript for ITTF-SSC 2015. It also provides instructions to authors for completing the final manuscripts which will be included in the CD-ROM Proceeding. First, you must prepare the manuscript of your paper.

**Keywords:** Selected keywords relevant to the subject (up to 5 keywords).

### 1. INTRODUCTION

Each paper must be divided into two parts. The first part includes the title, authors' name(s), abstract and keywords (Garret and Kirkendall, 1999). The second part is the main body of the paper.

### 2. PAPER SIZE AND FORMAT

The size of the manuscript must be A4 and it should be typed in one column with single spacing and the following margins.

Left margin25 mmRight margin25 mmTop margin25 mmBottom margin25 mm

The number of pages allowed is 4, 6, 8 or 10 pages without extra charge. Submitted papers MUST BE in Microsoft Word Format. NO OTHER FORMATS WILL BE ACCEPTED. The size of the file to be sent electronically should not exceed FIVE megabytes (5 MB), regardless of the number of pages.

## 3. FONTS AND STYLE

# 3.1 First part

The first part includes the paper title, authors' name(s), abstract and keywords. All fonts must be in Times New Roman, and the font size of the title, authors' name(s), affiliation, phone number, e-mails address, abstract, and keywords are bold 12 pt, 11 pt, 9 pt and 10 pt, respectively.

**Abstract**: The abstract should be about 200 words, and organized in this structure: An opening sentence that sets the question that you address and is comprehensible to the general reader, background content specific to this study, results, and a concluding sentence. It should be one paragraph only.

## 3.2 Paper body

The second part consisting of the paper body must be edited in single column format. The top-level heading, usually called section, numbered in Arabic numerals, shall appear left in Times New Roman capital bold 11 pt capitals. The numbered level-two heading starts from the left in Times New Roman bold 10 pt font. The main text uses Times New Roman 10 pt font with single spacing. New paragraphs indent 5 mm on the first line.

**Main Text:** In general, this should include a brief (1-3 paragraph) introduction, followed by a statement of the specific scope of the study, followed by results and then interpretations. Please avoid statements of future work or claims of priority, and avoid repeating the conclusions at the end. All of the Figures and Tables should be cited in order, including those in the supporting online material (which should be cited as, for example, figure S1, and table S1). You can include page breaks if you would like to place the figures within the text.

# 4. FIGURES, TABLES AND EQUATIONS

### 4.1 Figures and tables

All figures and tables should be placed after their first mention in the text. Large figures and tables may span across column. Scanned images (e.g., line art, photos) can be used if the output resolution is at least 600 dpi.

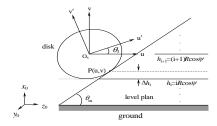


Fig. 1 The caption should be placed below the figure.

Figure captions should be below the figures; table captions should be above the tables. They should be referred to in the text as, for example, Fig. 1 or Figs. 1~3.

Table 1. The caption should be placed before the table.

	A	В	С
(1)	150 %	16.3 %	18.2 %
(2)	123 %	13.5 %	16.9 %
(3)	168 %	19.2 %	19.4 %

### 4.2 Equations

Equation numbers should be Arabic numerals enclosed in parentheses on the right-hand margin. They should be cited in the text as, for example, Eq. (1), or Eqs. (1)~(3). Equations start from the left of the column. Punctuate equations with commas or periods when they are part of a sentence. For example,

$$\dot{x} = Ax + Bu,$$

$$y = Cx + Du,$$
(1)

where *x* is the state vector.

### References

References should appear alphabetically in a separate bibliography at the end of the paper in Times New Roman 10 pt. Text citations to the references should be given according to APA standard.

# 5. PAGE NUMBERS

Pages should not be numbered.

# REFERENCES (SAMPLE)

Garret, W.E., & Kirkendall, D.T. (1999). Exercise and Sport Science. Philadelphia, PA: Lippincot Williams & Wilkins.

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